



Your Healthy Foods Benefit

Being healthy means more than doctors' appointments and prescriptions. That's why your Highmark Wholecare Medicare AssuredSM plan includes many benefits to keep the whole you healthy, including helping to pay for your groceries.

3 easy ways to shop

1. Shop in-store

- Find participating grocery stores and eligible items on healthybenefitsplus.com/highmarkwholecare or on the HealthyBenefits+ mobile app. See reverse side for information on downloading and using the mobile app.
- Use your Highmark Wholecare Visa card when you shop.
- If you need a ride to the grocery store, you can use your Transportation Benefit. See page 23 of your 2024 Plan Guide for details.

2. Shop by phone

- Order directly from your Healthy Foods Benefit catalog.
- To place an order, call the Healthy Benefits Plus member helpline at **1-833-560-1817 (TTY 711)**:
 - October through March, seven days a week, 8 a.m. to 8 p.m.
 - April through September, Monday through Friday, 8 a.m. to 8 p.m.
- Your groceries will be delivered right to your home.*



3. Shop online

- Log on to healthybenefitsplus.com/highmarkwholecare.
- From the menu, choose "Shop Online."
- Find the food items you want to buy and click "Add to Cart."
- When checking out, enter your delivery details and click "Place Order."
- Your groceries will be delivered right to your home.*



Because Life.™



If you haven't already done so, call the Healthy Benefits Plus helpline at **1-833-560-1817 (TTY 711)** to activate your Highmark Wholecare Visa card.

Using the HealthyBenefits+ mobile app



- On your smart phone, search for “**HealthyBenefits+**” in the app store for Android and Apple.
- While shopping in-store, you can scan product barcodes on the mobile app to make sure your item is eligible to buy using your benefit. You can also use your Highmark Wholecare Visa card to pay for your groceries using the app when checking out.
- From home, you can shop for food on the mobile app.

Reminders:

- Your monthly balance is used toward both food and utility bills. Unused credit expires at the end of each month.
- This benefit is in addition to other programs that you may qualify for, including SNAP/EBT.
- Allowance cannot be used for alcohol, tobacco, or other non-approved items.
- This does not impact your income and is not taxable.

*To get groceries delivered, you need to spend at least \$35 on your order. For orders less than \$35, you may be charged a delivery fee.



Highmark Wholecare offers HMO plans with a Medicare contract. Enrollment in these plans depends on contract renewal. Highmark Wholecare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Highmark Wholecare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATENCIÓN: Si usted habla español, tenemos servicios de asistencia lingüística disponibles para usted sin costo alguno. Llame al 1-800-685-5209 (TTY 711). 小小贴士：如果您说普通话，欢迎使用免费语言协助服务。请拨 1-800-685-5209 (TTY 711).

Health benefits or health benefit administration may be provided by or through Highmark Wholecare, coverage by Gateway Health Plan, an independent licensee of the Blue Cross Blue Shield Association (“Highmark Wholecare”).